

GET HELP NOW

If you or someone you know needs help immediately, **please call 911**, or **text START to 741-741** or **call 1-800-273-TALK**.

CRISIS TEXT LINE |

Text 741741
to connect with a person
who cares

Open 7 Days a Week



Call 1-855-378-4373,
text 5753, or email to speak to
a parent specialist

Open 7 Days a Week
drugfree.org

JED

Call 1-800-273-TALK
for resources on helping young
adults through life

Available 7 Days a Week
jedfoundation.org



Call 1-800-273-TALK
for free and confidential
support

Open 7 Days a Week

FAMILYRX

Contact FamilyRx
for addiction recovery for
families at family-rx.org

Available 7 Days a Week



Call 1-800-950-NAMI
for an information and
referral service

Open M-F: 10am - 6pm ET
info@nami.org